ADOPTIVE PARENTING CONSULTATION GROUP

Applications are open for 3 Month Consult Series Aug-Nov 2024

Becoming The Parent You Promised To Be

You'll find yourself among peers in this 3-month deep dive as we intelligently and compassionately address practical needs related to caring for a child on the adoption and permanency spectrum.

Facilitated by Cam Lee Small, MS, LPCC



3 Month Consult Series Aug-Nov 2024

The #1 Challenge:

Most adoptive parents simply want the best for their children. But the daily process can leave them feeling overwhelmed or confused. Afraid they'll get it wrong or maybe even make the same mistakes their parents did. Leading their child to put their trust in others to meet adopteerelated needs.

It's not because they're bad parents!
It's because they're not equipped with
the right language and tools.
That's why I created the Adoptive
Parenting Consultation Group

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12-Week Curriculum [semi-structured and open for personalized discussion and Q&A]

- 1. The Posture of Growth and Learning
- 2. Mental Health and Relationships
- 3. Adoption and Identity
- 4. Attachment and Communication
- 5. Trauma and Resilience
- 6. Loss and Grief
- 7. Cultural Differences and Connection
- 8. Sensory Processing and Coping Strategies
- 9. Parenting Challenges and Solutions
- 10. Mindfulness and Trauma-Informed Practices
- 11. Building Trust and Communication
- 12. Navigating the Future

