

# CAM LEE SMALL, MS, LPCC

COUNSELOR  
AUTHOR  
SPEAKER

952-333-4688



therapyredeemed@gmail.com



<https://therapyredeemed.wordpress.com/>



## EDUCATION

### Permanency and Adoption Competency Certificate

University of Minnesota CASCW  
2019-2020

### **Masters in Counseling Psychology**

University of Wisconsin-Madison  
2013-2016

### **BS Psychology**

University of Wisconsin-Madison  
2010-2012

## SKILLS

### PROFESSIONAL

Public Speaking  
Group training/facilitation  
Storytelling  
Inspiration  
Information  
Counseling  
Advocacy  
Collaboration

## PROFILE

Cam's personal experience as an international adoptee from Korea informs and inspires his current professional work. He formed his own private practice, Therapy Redeemed, in 2018, to raise awareness and respond to the mental health needs of adoptees and their families wherever they may be in their adoption journey. Cam's vision for adoptee-centered advocacy is evident through his 1:1 counseling services, live workshops and support groups, Masterclass trainings, and his active content creation/collaboration in and through various media platforms. His work has been featured in Christianity Today, National Council for Adoption, University Minnesota School of Social Work, and Center for Adoption Support and Education. He is currently working on a manuscript for a book to be released through InterVarsity Press to address the intersection of adoption, mental health, and social justice. Cam brings value and much needed perspective to the adoption community, personally and professionally.

## EXPERIENCE

### FOUNDER AND LEAD CLINICIAN

#### Therapy Redeemed | 2018-Present

- Provide a suite of **mental health and education services** to adoptees, families, and child welfare professionals.
- Manage all tasks related to ensuring an **ethical and thriving private practice** (e.g., admin, intake, client referrals, scheduling, billing, marketing, networking, etc.).
- Oversee and **implement all content creation** to maintain an active and ethical multi-media web presence.
- Serve as a **trainer for accredited post-Master's curriculum, PACC, cultivating adoption-competence** for 1800+ professional graduates nationwide.
- Provide **adoptee-centric, trauma-informed consultation** to community organizations to ensure safe and ethical curriculum, publishing, marketing, and service delivery.
- Serve as **Impact Consultant** for Found adoptee film; [access red carpet interview at the link provided](#).

# CAM LEE SMALL, MS, LPCC

COUNSELOR  
AUTHOR  
SPEAKER

952-333-4688



therapyredeemed@gmail.com



<https://therapyredeemed.wordpress.com/>



## SPEAKING SCHEDULE

### UPCOMING 2022/2023

**4/14/23** – University of MN School of Social Work (Center for Advanced Studies in Child Welfare) – Permanency & Adoption Competency Certificate Training – Adult Adoptee Module Trainer

### PRESENTED IN 2022

**11/16/22** – Children's Bureau – "How to Educate Extended Family About Adoption, Race, & Identity"

**11/15/22** – The Hope Effect – "Helping Foster and Adoptive Caregivers Navigate Loss and Trauma"

**11/2/22** – MN Adopt Fall Forum – "A New Script for Race and Culture" (feedback included in Appendix)

**10/13/22** – Wisconsin Child Welfare Professional Development System (Wisconsin Adoption Conference) – "10 Parenting Strategies for Transracial Adoptees"

**9/22/22** - Therapy Redeemed – "How to Educate Extended Family Members on Adoption, Race & Identity"

**7/13/22** – Catalyst Foundation x 2 (The Teen Years and Identity; Allyship for Adoptive Parents)

**7/7/22** - Therapy Redeemed – "Growing as an Ally with Your Transracial Adoptee"

**5/13/22** – Wisconsin Adoption and Permanency Support – "The Impact of Race and Culture on Teen Identity Development"

**4/1/21 & 4/8/21** – University of MN School of Social Work (Center for Advanced Studies in Child Welfare) – Adult Adoptees - Permanency & Adoption Competency Certificate Training – Guest Trainer

**3/24/22** – "Helping Adult Adoptees During Reunion" – Grow Beyond Words LLC

**2/15/22** – Children's Bureau/All 4 Kids – "Adoption Competency for Professionals"

# CAM LEE SMALL, MS, LPCC

COUNSELOR  
AUTHOR  
SPEAKER

952-333-4688



therapyredeemed@gmail.com



<https://therapyredeemed.wordpress.com/>



## SPEAKING SCHEDULE

### PRESENTED IN 2021

**11/5/21** – United for Adoption – "This is Why I Was Adopted: Reflections on My Birth Search"

**10/12/21** – I Am Adoptee and Side by Side Project interview/presentation with Joy Lieberthal Rho

**10/6/21** – MN Adopt – "The Impact of Race and Culture on Family Systems" (feedback in Appendix)

**10/2/21** – Foster Love Project – "Telling Adoptee Stories with Dignity"

**9/15/21** – Wisconsin Child Welfare Professional Development System – "Impact of Adoption on Identity Formation"

**6/2021** – Korean American Adoptee Adoptive Family Network – "Adoptees and Fatherhood"

**4/21/21** – Catalyst Foundation - "Community Conversation"

**2/22/21** – Southeast Christian Church - "How to Support Birth Culture & Identity"

**January-July 2021** – Video Presentations; Season One of Office Hour With Your Therapist

### PRESENTED IN 2020

**12/16/20** – Interview/presentation with Enfants d'Orient et d'Occident - "Advice for trans-racially adoptive families"

**12/02/20** – Shared Beginnings Adoption Agency – with their vision to “restore dignity and respect to expectant women and birth mothers who are considering adoption. We link arms with these brave women, connect them to community resources, and help them make informed decisions along the way.” – workshop experience centered on themes from "This is Why I Was Adopted"

**10/22/20** – Southeast Christian Church as part of the 6-week discussion series on transracial adoption.

**9/16/20** – Wisconsin Child Welfare Professional Development System – "Impact of Culture & Race on Family Systems"

**9/08/20** – Replanted Ministry Conference – Adult Adoptee Breakout

# CAM LEE SMALL, MS, LPCC

COUNSELOR  
AUTHOR  
SPEAKER

952-333-4688



therapyredeemed@gmail.com



<https://therapyredeemed.wordpress.com/>



## SPEAKING SCHEDULE

### PRESENTED IN 2019

**11/14/19** – The Minnesota Society for Clinical Social Work – "Diversity & Inclusion from the Eyes of a Trans-racial Adoptee"

**09/20/19** – Harvest Church of Madison – "Depression: Clinical Thoughts from a Biblical Perspective"

**08/21/19** – Kindred + Co. – "Navigating Loss on a Journey Toward Hope" [regarding personal birth search and reunion in Korea]

**07/03/19** – Camp Choson Parent Workshop – "Origin Stories: The Role of Race & Ethnicity in Identity Development"

**06/30/19** – Korean American Adoptee Adoptive Family Network – "Who am I Really From?" [adapted for teen/adult adoptees]

**06/14/19** – Fraser Conference 2019 – "Who am I Really From?" [adapted for clinical professionals]

### RECORDED PRESENTATIONS

[Access all of the following one-minute clips here](#)

1. A Conversation About Split Loyalty
2. Do Adopted Children Only Gain?
3. Fundraising, Adoption and the Local Church
4. Non-Adopted Siblings Can be Adoption Informed, Too
5. Prayer, the Church, and Adoption
6. Praying for Adoptees: a Message for Prospective Adoptive Parents
7. What Would a Birthmother Letterboard Look Like?
8. Why Doesn't the Church Fund Reunion Trips?

[Red Carpet Interview for Found adoptee film](#)

[Office Hour with Your Therapist Season One](#)

[Schedule Cam to speak at your next training event.](#)



### LETTERS OF RECOMMENDATION