

This is Why I was Adopted

Navigating Loss on a
Journey Toward Hope



An Interview Guide for Grandparents
by Cam Lee Small, MS, LPCC

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An Interview with Grandparents

Dear Grandpa/Grandma,

1. What was your first reaction when mom/dad told you they were going to adopt me?
2. Before that moment, what was your experience with the idea of adoption, have you heard of it before? From where?
3. You grew up in a different time than me, what was that like, what are some of the major differences you personally notice, between when you were a child and today?
4. What does “racism” mean to you, and have you ever experienced it?
5. What were some of the big events in your life, for you personally, and also for the nation and the world, which ones left an impression on your memory, and how do you remember those times?
6. How has me being adopted changed your outlook on life, or on the idea of family; have there been any surprises or lessons you’ve observed?
7. What advice would you give me as you think about my journey in the world, what do you think I should know, would you want me to know?
8. I know you’re cheering for me! What are some ways you’d like to support me in my story as an adoptee? Thank you in advance, Grandma/Grandpa! <3

Cam, author of *This is Why I Was Adopted*, is an internationally recognized thought leader on adoption and mental health. Trans-racially adopted from Korea and founder of Therapy Redeemed, he holds a Master's in Counseling Psychology from University of Wisconsin-Madison and is a licensed professional clinical counselor. He has received training for adoption competency through [Center for Adoption Support and Education](#) and is a vetted clinician with [MN ADOPT](#).

In addition, he is trained in biblical counseling, certified in non-violent crisis intervention and is a member of the American Psychological Association's Minority Fellowship Program. Cam's mental health and education services are accessible 100% online and uniquely tailored for individuals and families on the adoption and permanency spectrum. He has presented trainings and workshops in a variety of professional and clinical settings.

For counseling and consultation,
visit <https://therapyredeemed.com/wordpress>

**Registration is currently open for Cam's 12-week
[Online Adoptive Parent Workshop | Fall 2020](#)**

**[Visit Cam's Book Tour Page](#) for his recently published book,
[This is Why I Was Adopted: Navigating Loss on a Journey Toward Hope](#)**

****If you're using this discussion guide for a group and want to hear from***
Cam directly, you can email him at therapyredeemed@gmail.com
and schedule a live Skype/Zoom Q&A*



For questions, contact Cam
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