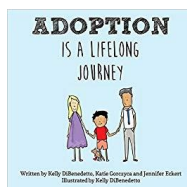
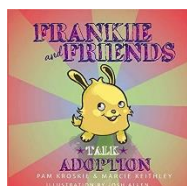


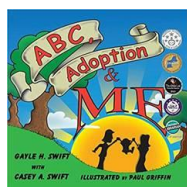
For Younger Children



Adoption Is a Lifelong Journey by Kelly DiBenedetto, Katie Gorczyca & Jennifer Exkert
Meet Charlie, an adoptee who opens his heart and shares what's on his mind through various phases as he grows up in his adoptive home. As the narrator of Adoption Is a Lifelong Journey, Charlie invites readers to see the adoption journey from the perspective of a child adoptee. This illustrated book — a tool for families touched by adoption and foster care — provides insight into emotions and thoughts an adoptee or foster child might encounter while also equipping parents and caregivers with timely responses and resources. While every adoption story is unique, Charlie's voice brings to light common themes the authors encounter as post adoption therapists at Boston Post Adoption Resources (BPAR). The book begins with Charlie settling into his adoptive home and progresses as he grapples with challenges such as building trust, feeling a sense of worth, relating to his beginnings, and establishing his identity. The illustrated portion connects to recommendations for parents: things to think about, tips for conversations, family activities, and additional resources.

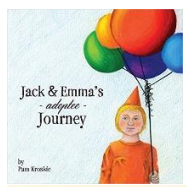


Frankie and Friends Talk Adoption by Pan Kroskie and Marcie Keithley
Frankie and Friends will help the youngest of adopted children and their parents navigate through the feelings often experienced but difficult to articulate. The narrator is Frankie, a lovable character who warmly validates what an adopted child may be feeling and that they are all okay! As a parent, it's a must have guide and discussion starter.



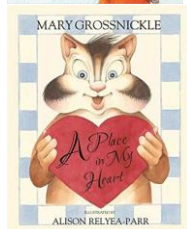
ABC, Adoption & Me by Gayle Swift and Casey Swift

A child's review: "Most adoption books only talk about the good part of adoption. ABC shows adoption from the kid's side." ABC, Adoption & Me expresses their complicated feelings in a way that makes them feel normal and which makes it easy for them to discuss with their families. Includes a parent guide. ABC, Adoption & Me celebrates the blessing of family and addresses the difficult issues as well. Exuberant, multicultural illustrations depict a wide range of families. Includes a parent guide.



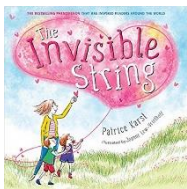
Jack and Emma's Adoptee Journey by Pam Kroskie

Jack & Emma's Adoptee Journey is a children's book that will help open the lines of communication between the adoptive parent and the adoptee. The book will also help the adoptees understand themselves and give parents the insight they need.



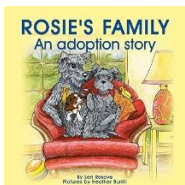
A Place in My Heart by Mary Grossnickle

Charlie the chipmunk was adopted by a family of squirrels and he now wonders about his birthparents he has never met. Although this upsets him, he feels better after talking to his mother. Simple and charming this illustrated picture book is for children aged 2-5.



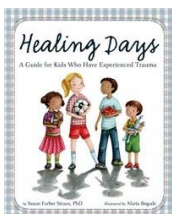
The Invisible String by Patrice Karst

The Invisible String is a very simple approach to overcoming the fear of loneliness or separation with an imaginative flair that children can easily identify with and remember. "People who love each other are always connected by a very special string, made of love. Even though you can't see it with your eyes, you can feel it deep in your heart, and know that you are always connected to the ones you love."



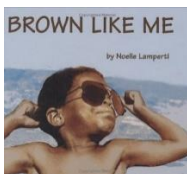
Rosie's Family: An Adoption Story by Lori Rosove

Rosie's Family is a story about belonging in a family regardless of differences. Rosie is a beagle who was adopted by schnauzers. She feels different from the rest of her family, including her brother, who is the biological child of her parents, and sets forth many questions that children who were adopted may have.



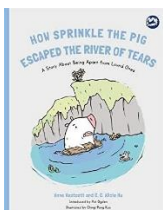
Healing Days: A Guide for Kids Who Have Experienced Trauma by Susan Farber Straus

Healing Days is a book designed to be used in therapy for young children and functions as an excellent resource for those who have experienced physical or sexual abuse, or other trauma. Readers will follow four children as they learn ways to cope with their own trauma. Sensitive, empowering, and beautifully illustrated, the book models therapeutic coping responses and provides children with tools they may use to deal with their own trauma.



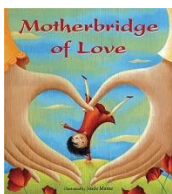
Brown Like Me by Noelle Lampert

This book speaks in simple straight-forward language to any child who is growing up in an environment where they feel different. Brown Like Me encourages multi-racial families to take pride in themselves and their appearance. The little girl, Noelle, is an African-American adoptee raised in a Caucasian family. It became an important part of her sense of identity that she find herself reflected in people and things that were brown.



How Sprinkle the Pig Escaped the River of Tears by Anne Westcott and C.C. Alicia Hu

Starring a loveable piglet named Sprinkle, this is a comforting picture book to read with children aged 4-10 coming to terms with losing or being separated from someone they love. Sprinkle gets so sad that he cries a river of tears, then happy memories give him strength. Includes a guide for grown ups and a therapeutic activity.



Motherbridge of Love by Josee Masse

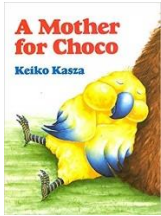
"A poem to explain birth parents and adoptive parents to an adopted child."



Growing Grace by Erin Mason

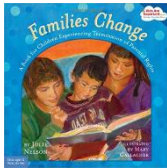
Growing Grace is a unique story about adoption, which introduces the perspective of the birth mother framed in love and compassion. An ideal read-to book, this story uses beautiful illustrations and simple, appropriate language to provide an opportunity for children as young as preschool-age to navigate and understand, in their own way, how their life may have begun. The story of Growing Grace is a tribute, not only to the child who has been adopted, but also expresses appreciation, honor, and recognition of adoptive parents and biological parents alike. This heart warming story is intended to spark questions,

facilitate communication, and foster an exploration of what each family's adoption means for them.



A Mother for Choco by Keiko Kasza

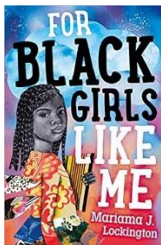
Family is about love no matter how different parents and children may be, adopted or not. Choco wishes he had a mother, but who could she be? He sets off to find her, asking all kinds of animals, but he doesn't meet anyone who looks just like him. He doesn't even think of asking Mrs. Bear if she's his mother-but then she starts to do just the things a mommy might do. And when she brings him home, he meets her other children-a piglet, a hippo, and an alligator-and learns that families can come in all shapes and sizes and still fit together.



Families Change by Julie Nelson

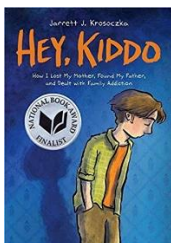
All families change over time. Sometimes a baby is born, or a grown-up gets married. And sometimes a child gets a new foster parent or a new adopted mom or dad. Children need to know that when this happens, it's not their fault. They need to understand that they can remember and value their birth family and love their new family, too. Straightforward words and full-color illustrations offer hope and support for children facing or experiencing change. Includes resources and information for birth parents, foster parents, social workers, counselors, and teachers.

Middle Grades



For Black Girls Like Me by Mariama J. Lockington

In this lyrical coming-of-age story about family, sisterhood, music, race, and identity, Mariama J. Lockington draws on some of the emotional truths from her own experiences growing up with an adoptive white family. For Black Girls Like Me is for anyone who has ever asked themselves: How do you figure out where you are going if you don't know where you came from?



Hey Kiddo by Jarrett J. Krosoczka

In kindergarten, Jarrett Krosoczka's teacher asks him to draw his family, with a mommy and a daddy. But Jarrett's family is much more complicated than that. His mom is an addict, in and out of rehab, and in and out of Jarrett's life. His father is a mystery -- Jarrett doesn't know where to find him, or even what his name is. Jarrett lives with his grandparents -- two very loud, very loving, very opinionated people who had thought they were through with raising children until Jarrett came along.

Jarrett goes through his childhood trying to make his non-normal life as normal as possible, finding a way to express himself through drawing even as so little is being said to him about what's going on. Only as a teenager can Jarrett begin to piece together the truth of his family, reckoning with his mother and tracking down his father. Hey, Kiddo is a profoundly important memoir about growing up in a family grappling with addiction, and finding the art that helps you survive.

Young Adult



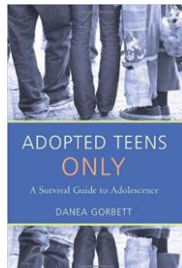
The Secret of Me: A Novel in Verse by Meg Kearney

The acclaimed story of an adopted teenager's quest to find her place among family, friends, and the wider world. Fourteen-year old Lizzie, as well as her older brother and sister, were adopted as infants. But facts are not feelings, and what it feels like to be adopted is something Lizzie never dares discuss with her loving parents, let alone with outsiders. To make sense of her life, Lizzie pours her emotions into her poetry. Then a tragic accident occurs, and Lizzie knows she must find the courage to speak. In an afterword, the author discusses her own adoption and the beneficial powers of reading and writing poetry. Also included are a guide to the book's poetics and recommended books and links about adoption and poetry.



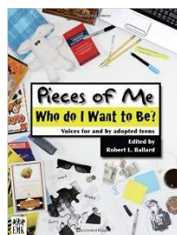
It Happened to Me: Adopted by Suzanne Buckingham Slade

The challenging teen years can be even more difficult for adopted teenagers, many of whom have unanswered questions that may result in fear, anger, and low self-esteem. These feelings may be compounded by the isolation they feel because most friends and family members cannot fully relate to their situation. *Adopted: The Ultimate Teen Guide* enables young adults to explore their feelings as they read about the personal experiences of other adopted teens. Through these stories, adopted teens can learn how others have resolved some of their adoption issues and gain powerful insights from those who have experienced some of the same frustrations, struggles, and concerns.



Adopted Teens Only: A Survival Guide to Adolescence by Danae Gorbett

All adopted teens have questions-questions about their adoptive family, about their birth parents, and about how adoption has affected and will continue to affect their lives. But not every adopted teen knows how to approach these questions or how to handle the intense emotions and high stress often associated with them. Gorbett offers confirmation that what you feel, think, wonder, and worry about as an adopted teen is normal and important, and she helps you acknowledge and celebrate the unique gifts and many advantages of growing up adopted. Comforting, empowering, and ultimately practical, *Adopted Teens Only* is the indispensable survival guide for adopted adolescents and anyone who loves them.



Pieces of Me: Who Do I Want to Be Edited by Robert Ballard

A collection of stories, poems, art, music, quotes, activities, provocative questions, and more all for the young adopted person who wants to figure out his or her story but doesn't know where to begin. A submission based book with over 100 different pieces, this book was designed for the teen who happens to be adopted, but it will reach all those who live, love, and work with them. It is a book of voices, from ages 11 to 63, speaking honestly and authentically about what it means to be adopted. Most are adoptees from around the world some are transracial, some are international, some are from foster care, some are young, some are old. There are a few adoptive parents, birth parents, and professionals who share themselves in here as well.



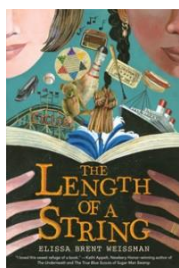
Dear Wonderful You: Letters to Adopted and Fostered Youth by Diane Rene Christian

"Dear Wonderful You, Letters to Adopted & Fostered Youth" is a powerful book filled with thoughtful and inspiring letters. This anthology was written by a global community of adult adoptees and adults who were fostered. Each letter was penned to the upcoming generation of adopted and fostered youth. The literary mission of "Dear Wonderful You" is for all adopted or fostered youth to feel embraced and guided by the incredible letters contained inside. The contributors want every young reader to know they have a network of support who "get it," "get them," and have been in their shoes.



If Only by Jennifer Gilmore

In this young adult work, she focuses her writer's lens on an adoptee and a birth mother. Sixteen-year-old Ivy knows she is the same age as her birth mother when she placed her for adoption—but doesn't know much more than that because it's been 15 years since her mothers heard from Bridget. In chapters that alternate perspectives, we learn more about Bridget as a teen, deciding on adoption and choosing the parents who will raise her child, and Ivy's search for answers.



The Length of a String by Elissa Brent Weissman

As she prepares for her bat mitzvah, Imani is internally consumed with a longing to find her birth parents. She loves her close-knit family but feels at odds as the only Black person in her Jewish community. After her great-grandmother dies, Imani discovers her old diary—and reads the story of Anna's adjusting to a new life in America and a new adoptive family of her own.



Sliding Into Home by Nina Vincent

Thirteen-year-old Flip feels his life crumbling apart when he learns that his adoptive parents are divorcing, and he'll be moving to a new city and new school—and that he has to leave before his baseball league's playoffs. Things start looking up when Flip befriends Ricki, who gives him a newfound sense of pride in his Guatemalan heritage, but the young teen soon faces another challenge in the form of a racist bully.



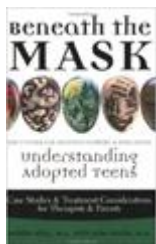
See No Color by Shannon Gibney

For as long as she can remember, sixteen-year-old Alex Kirtridge has known two things:

1. She has always been Little Kirtridge, a stellar baseball player, just like her father.
2. She's adopted.

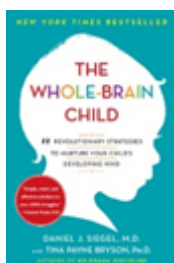
Alex begins to question who she really is. She's always dreamed of playing pro baseball just like her father, but can she really do it? Does she truly fit in with her white family? Who were her biological parents? What does it mean to be black? If she's going to find answers, Alex has to come to terms with her adoption, her race, and the dreams she thought would always guide her.

For Parents & Caregivers



Beneath the MASK by Debbie Riley

Working with adopted adolescents is complex. The key to successful therapy and healthy development is to help the adolescent discover and accept the person within. Parents will discover: The six most common adoption stuck-spots, the complexities of adoption, the adopted teen's quest for identity, and how therapy may help adoptive families learn and grow together.



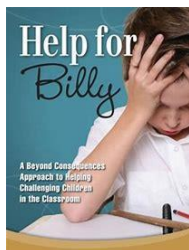
The Whole Brain Child by Daniel Siegel

Daniel J. Siegel, neuropsychiatrist and author of the bestselling *Mindsight*, and parenting expert Tina Payne Bryson demystify the meltdowns and aggravation, explaining the new science of how a child's brain is wired and how it matures. The "upstairs brain," which makes decisions and balances emotions, is under construction until the mid-twenties. And especially in young children, the right brain and its emotions tend to rule over the logic of the left brain. No wonder kids can seem—and feel—so out of control. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate your child's brain and foster vital growth.



Beyond Consequences, Logic, and Control: A Love-Based Approach to Helping Attachment-Challenged Children With Severe Behaviors by Heather Forbes and B. Bryan Post

Covers in detail the effects of trauma on the body-mind and how trauma alters children's behavioral responses. The first four chapters help parents and professionals clearly understand the neurological research behind the basic model given in this book, deemed, 'The Stress Model.' While scientifically based in research, it is written in an easy to understand and easy to grasp format for anyone working with or parenting children with severe behaviors. The next seven chapters are individually devoted to seven behaviors typically seen with attachment-challenged children. These include lying, stealing, hoarding and gorging, aggression, defiance, lack of eye contact, and yes, even a chapter that talks candidly about how parents appear hostile and angry when they work to simply maintain their families from reaching complete states of chaos. Each of these chapters talks in depth on these specific behaviors and gives vivid and contrasting examples of how this love-based approach works to foster healing and works to develop relationships, as opposed to the fear-based traditional attachment parenting approaches that are being advocated in today's attachment field.



Help for Billy: A Beyond Consequences Approach to Helping Challenging Children in the Classroom by Heather T. Forbes

If your child continues to struggle, misbehave, and deteriorate at school despite sticker charts, token economies, behavior contracts, Fun Friday, detention, and suspensions, then this book is your answer! Written for both parents and educators, *Help for Billy* addresses the real issues going on behind a child's negative behavior. It will change everything for your child—a must read for anyone working with a child in the classroom.



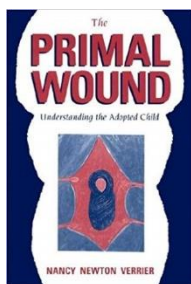
The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption by Karen Foli and John Thompson

The Path to parenting through adoption is rich with rewards and fulfillment. But it's not without bumps. This compassionate, illuminating, and ultimately uplifting book is the first to offer solutions for the normal but unspoken feelings of stress that an estimated 1.3 million adoptive families encounter as they cope with new challenges and expectations.



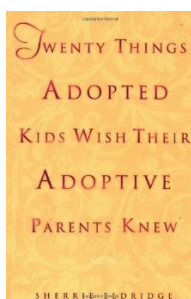
Parenting the Hurt Child by Gregory Keck and Regina Kupecky

In this sequel to their Adopting the Hurt Child (1998), Keck and Kupecky explore how parents can help adopted or foster children who have suffered neglect or abuse. They begin by outlining changes in adoption and fostering procedures in recent years and use case studies to document the friction and disruption introduced into a household when a hurt, adopted child is brought into the family. The authors examine attachment disorders and control issues as well as parenting techniques that work (praise, consistency, flexibility, anger management) and those that don't work (punishment, withholding parental love, grounding, time-outs, deprivation). They highlight the symptoms of abuse and options for therapy. The book includes a variety of resources on, among other topics, finance, therapy for siblings and parents, cultural differences, and marriage counseling.



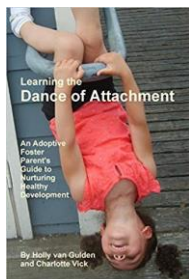
The Primal Wound by Nancy Verrier

In this classic work, Nancy Verrier examines the life-long consequences of the 'primal wound' - the wound that results when a child is separated from his or her mother - for adopted people, as they grow up & into adulthood. It provides information about pre- & perinatal psychology, attachment, bonding & the effects of loss.



Twenty Things Adopted Kids Wish Their Adoptive Parents Knew by Sherrie Eldridge

With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love—that he must grieve his loss now if he is to receive love fully in the future—that she needs honest information about her birth family no matter how painful the details may be—and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, Twenty Things Adopted Kids Wish Their Adoptive Parents Knew is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child—and within the adoptive home.



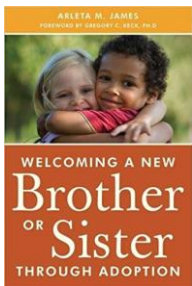
Learning the Dance of Attachment by Holly Van Gulden

Learning the Dance of Attachment, An Adoptive/Foster Parent's Guide to Nurturing Healthy Development, is a child development guide specifically written for adoptive and foster parents. It explains the normal stages of childhood emotional development and contrasts it with dysfunctional behaviors caused by early life deprivation and abuse. This book is helpful as a training tool for potential foster and adoptive parents. Parents already facing frustrating and unexplained behaviors can read this guide to understand the causes of their child's misbehavior and learn techniques to overcome problems.



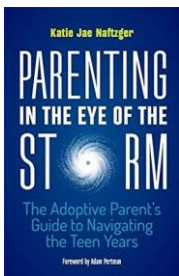
Games and Activities for Attaching with Your Child by Deborah Gray and Megan Clarke

The authors present strategies for engaging children in fun activities to aid positive attachment between a parent/caregiver and their child. Each game is designed with specific age groups in mind, and activities are recommended to target specific needs in children that affect attachment, such as fetal alcohol spectrum disorder.



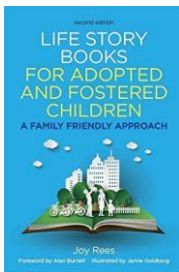
Welcoming a New Brother or Sister Through Adoption by Arleta James

A comprehensive yet accessible guide that describes the adoption process and the impact of adoption on every member of the family, including the adopted child. It prepares families to have realistic expectations and equips them with knowledge to deal with a host of situations that may arise, addressing difficult questions head-on: 'Did we make the right choice by adopting?', 'How is this affecting our 'typical' children?', 'Will our adopted son or daughter heal?' are explored and solutions discussed in detail. All this is accompanied with real life stories and direct quotes from children, which make it a realistic and insightful resource.



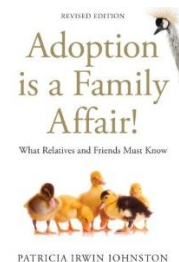
Parenting in the Eye of the Storm by Katie Naftzger

Parenting a teenager is not easy and parenting an adopted teen has its own unique set of challenges. Full of practical and reassuring advice, this book will help you to steer and support your teen as they set out on the voyage of emerging adulthood, including issues surrounding relationships and identity.



Life Story Books for Adopted and Fostered Children by Joy Rees

This concise book shows a family-friendly way to compile a Life Story Book which promotes a sense of permanency for the child, and encourages attachments. Joy Rees' innovative model works chronologically backwards rather than forwards to reinforce the child's sense of security within adoption, fostering, kinship care and special guardianship.



Adoption Is a Family Affair! What Relatives and Friends Must Know by Patricia Irwin Johnston

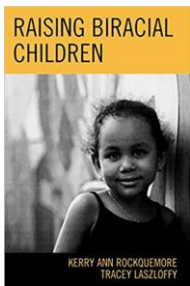
A child is coming – whether you approve or not it's time to get with the program! If someone you care about – a family member, co-worker, or close friend – has recently announced that their family will be growing through adoption, you may have questions. After all, unless you have personally experienced adoption, you may know very little about how adoption works and what it means. Are you worried that your loved one may face disappointment? Do you find yourself wondering exactly what your role is going to be in the child's life? Does the term "open adoption" confuse and concern you? Just what are the privacy boundaries for families built by adoption? What is okay to ask about? Adoption Is a Family Affair! will answer all of these questions and more, offering you information about who can adopt, why people consider adopting, how kids understand adoption as they grow up, and more.

Transracial Adoption



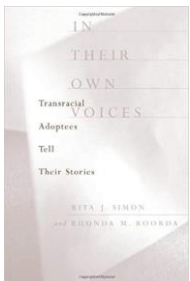
White Parents, Black Children: Experiencing Transracial Adoption by Darron Smith, Cardell K. Jacobson, and Brenda G. Juarez

White Parents, Black Children looks at the difficult issue of race in transracial adoptions—particularly the adoption by white parents of children from different racial and ethnic groups. This book aims to bring to light racial issues that are often difficult for families to talk about, focusing on the racial socialization white parents provide for their transracially adopted children about what it means to be black in contemporary American society. Blending the stories of adoptees and their parents with extensive research, the authors discuss trends in transracial adoptions, challenge the concept of "colorblind" America, and offer suggestions to help adoptees develop a healthy sense of self.



Raising Biracial Children by Kerry Ann Rockquemore and Tracey Laszloffy

As the multiracial population in the United States continues to rise, new models for our understanding of mixed-race children and how their conception of racial identity must be developed. A wide divide between academics who research biracial identity, and the everyday world of parents and practitioners who raise and work with mixed-race children exists. This book aims to fill this gap by providing an extensive synthesis of the existing research in the field, as well as a model for better understanding the unique process of racial identity development for mixed-race children. Raising Biracial Children provides parents, educators, social workers, and anyone interested in multiracial issues with an accessible framework for understanding healthy mixed-race identity development and to translate those findings into practical care-giving strategies.



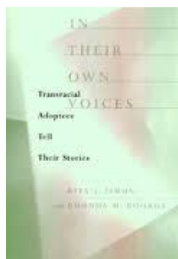
In Their Own Voices: Transracial Adoptees Tell Their Stories by Rita Simon and Rhonda Roorda

Nearly forty years after researchers first sought to determine the effects, if any, on children adopted by families whose racial or ethnic background differed from their own, the debate over transracial adoption continues. In this collection of interviews conducted with black and biracial young adults who were adopted by white parents, the authors present the personal stories of two dozen individuals who hail from a wide range of religious, economic, political, and professional backgrounds. How does the experience affect their racial and social identities, their choice of friends and marital partners, and their lifestyles? In addition to interviews, the book includes overviews of both the history and current legal status of transracial adoption.



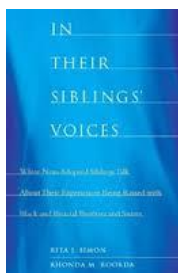
In Their Voices: Black Americans on Transracial Adoption by Rhonda Roorda

While many proponents of transracial adoption claim that American society is increasingly becoming "color-blind," a growing body of research reveals that for transracial adoptees of all backgrounds, racial identity does matter. Rhonda M. Roorda elaborates significantly on that finding, specifically studying the effects of the adoption of black and biracial children by white parents. All her interviewees have been involved either personally or professionally in the lives of transracial adoptees, and they offer strategies for navigating systemic racial inequalities while affirming the importance of black communities in the lives of transracial adoptive families.



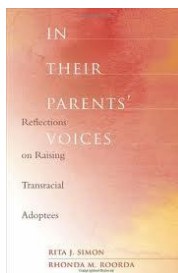
In Their Own Voices by Rhonda Roorda

Nearly forty years after researchers first sought to determine the effects, if any, on children adopted by families whose racial or ethnic background differed from their own, the debate over transracial adoption continues. In this collection of interviews conducted with black and biracial young adults who were adopted by white parents, the authors present the personal stories of two dozen individuals who hail from a wide range of religious, economic, political, and professional backgrounds. How does the experience affect their racial and social identities, their choice of friends and marital partners, and their lifestyles? In addition to interviews, the book includes overviews of both the history and current legal status of transracial adoption.



In their Siblings' Voices by Rhonda Roorda

In Their Siblings' Voices shares the stories of twenty white non-adopted siblings who grew up with black or biracial brothers and sisters in the late 1960s and 1970s. Belonging to the same families profiled in Rita J. Simon and Rhonda M. Roorda's In Their Own Voices: Transracial Adoptees Tell Their Stories and In Their Parents' Voices: Reflections on Raising Transracial Adoptees, these siblings offer their perspectives on the multiracial adoption experience, which, for them, played out against the backdrop of two tumultuous, politically charged decades. Simon and Roorda question whether professionals and adoption agencies adequately trained these children in the challenges presented by blended families, and they ask if, after more than thirty years, race still matters. Few books cover both the academic and the human dimensions of this issue. In Their Siblings' Voices helps readers fully grasp the dynamic of living in a multiracial household and its effect on friends, school, and community.



In Their Parents' Voices by Rhonda Roorda

Rita J. Simon and Rhonda M. Roorda's In Their Own Voices: Transracial Adoptees Tell Their Stories shared the experiences of twenty-four black and biracial children who had been adopted into white families in the late 1960s and 70s. The book has since become a standard resource for families and practitioners, and now, in this sequel, we hear from the parents of these remarkable families and learn what it was like for them to raise children across racial and cultural lines.

These candid interviews shed light on the issues these parents encountered, what part race played during thirty plus years of parenting, what they learned about themselves, and whether they would recommend transracial adoption to others. Combining trenchant historical and political data with absorbing firsthand accounts, Simon and Roorda once more bring an academic and human dimension to the literature on transracial adoption.